MHAP for Kids COVID-19 Client Check-In List

1. In General:
   a. Ask the parents how they and their families are doing overall. Consider asking about/noting any mention of:
      i. Physical and mental health concerns
         1. High risk groups such as grandparents 65+, caretakers or children with chronic health conditions
         2. Plan in case of illness within the family
      ii. Police being called for domestic issues and the possibility of charges being filed/arrests
      iii. Job loss/unemployment
      iv. Loss of any benefits?
      v. Food insecurity
      vi. Transportation challenges
      vii. Problems with health insurance
      viii. New child welfare involvement or problems with current state agency providers
   b. **Make a note of any significant developments.** You might choose to track data about the impact of the pandemic on all of your families.

2. School
   a. Review the child’s school district’s website before calling and determine what, if anything, the district is currently providing for students. Have this website open (as well as collaborative/out of district day school website if applicable) when you call.
      i. Is the district providing lap tops or other technology to students? If so, has the child and family received this technology?
b. Ask if the parent has received any information about remote learning from the school at this time.
   i. If so, how was this information communicated to you?
   ii. Ask about whether the school district has provided the parent with the info from the website (if there is any)
      1. How did they provide it? Email, phone call?
   iii. Has the child been getting the services as outlined on the school district's website (if any)?
      1. If so, how has it been going? Any challenges or technical difficulties?
      2. If not, why not?
      3. How much of what they're offering are resources to other material and how much is teacher-led instruction? (Has that changed over time)

a. IEP services
   iv. Is your child receiving any of his IEP services, e.g., individual counseling, S/L sessions, or OT/PT through video chat or otherwise? Frequency? Duration?
   v. Has school/teacher communicated any suggested modifications/accommodations to the general remote learning opportunities provided to all students?

b. Have any specialists (BCBAs (board certified behavior analysts), school counselors, S/L/OT/PT providers) called to offer parent suggestions for the child’s individual needs

3. Home
   a. What is your child doing during the day, when they are not participating in school activities/community-based services? Where are they?
   b. How is the child’s behavior compared to before the school shutdown?
   c. How is the child doing with ADLs (“activities of daily living”)?
   d. Is the child no longer able to do things he could do before?
      i. If so, what are some examples?
4. Community-Based Services
   a. Has the family been offered telehealth options?
      i. Have they tried telehealth meetings with you or your child yet? If so, how did they go?
      ii. Have you had a Care Planning Team meeting yet? How did that go? When is the next one? Attorneys should try to participate in these

b. Applied Behavior Therapy (ABA) In-Home Services
   i. Have your providers offered ABA via telehealth?
   ii. If so, have you done a session yet? If not, do you know when you will start?
      1. If you’ve started, how has it gone?

5. Psychiatric Services
   a. Medication
      i. Are you able to access psychiatry appointments?
         1. If so, how?
         2. If not, what have you been told?
      ii. Are you able to get prescriptions for your child? If not, what are the barriers?

b. Psychiatric Crisis
   i. If parent is worried for their safety and/or the safety of their child, do they have the number of a mobile crisis unit?
   ii. If the child is hospitalized
      1. How is the hospital conducting treatment planning meetings?
      2. How is the hospital managing alternative means of parent/child visits and therapy?
      3. Do you feel your child is safe in terms of psychiatric health as well as protection from the virus?

6. Any change in placement pending prior to COVID-19 including group homes/residential placement
   a. Any communications on a potential change