



## MHAP for Kids COVID-19 Client Check-In List

### 1. In General:

- a. Ask the parents how they and their families are doing overall. Consider asking about/noting any mention of:
  - i. Physical and mental health concerns
    1. High risk groups such as grandparents 65+, caretakers or children with chronic health conditions
    2. Plan in case of illness within the family
  - ii. Police being called for domestic issues and the possibility of charges being filed/arrests
  - iii. Job loss/unemployment
  - iv. Loss of any benefits?
  - v. Food insecurity
  - vi. Transportation challenges
  - vii. Problems with health insurance
  - viii. New child welfare involvement or problems with current state agency providers
- b. **Make a note of any significant developments.** You might choose to track data about the impact of the pandemic on all of your families.

### 2. School

- a. Review the child's school district's website before calling and determine what, if anything, the district is currently providing for students. Have this website open (as well as collaborative/out of district day school website if applicable) when you call.
  - i. Is the district providing lap tops or other technology to students? If so, has the child and family received this technology?

- b. Ask if the parent has received any information about remote learning from the school at this time.
    - i. If so, how was this information communicated to you?
    - ii. Ask about whether the school district has provided the parent with the info from the website (if there is any)
      - 1. How did they provide it? Email, phone call?
    - iii. Has the child been getting the services as outlined on the school district's website (if any)?
      - 1. If so, how has it been going? Any challenges or technical difficulties?
      - 2. If not, why not?
      - 3. How much of what they're offering are resources to other material and how much is teacher-led instruction? (Has that changed over time)
  - a. IEP services
    - iv. Is your child receiving any of his IEP services, e.g., individual counseling, S/L sessions, or OT/PT through video chat or otherwise? Frequency? Duration?
    - v. Has school/teacher communicated any suggested modifications/accommodations to the general remote learning opportunities provided to all students?
  - b. Have any specialists (BCBAs (board certified behavior analysts), school counselors, S/L/OT/PT providers) called to offer parent suggestions for the child's individual needs
3. Home
- a. What is your child doing during the day, when they are not participating in school activities/community-based services? Where are they?
  - b. How is the child's behavior compared to before the school shutdown?
  - c. How is the child doing with ADLs ("activities of daily living")?
  - d. Is the child no longer able to do things he could do before?
    - i. If so, what are some examples?

#### 4. Community-Based Services

- a. Has the family been offered telehealth options?
  - i. Have they tried telehealth meetings with you or your child yet? If so, how did they go?
  - ii. Have you had a Care Planning Team meeting yet? How did that go? When is the next one? Attorneys should try to participate in these
- b. Applied Behavior Therapy (ABA) In-Home Services
  - i. Have your providers offered ABA via telehealth?
  - ii. If so, have you done a session yet? If not, do you know when you will start?
    - 1. If you've started, how has it gone?

#### 5. Psychiatric Services

- a. Medication
  - i. Are you able to access psychiatry appointments?
    - 1. If so, how?
    - 2. If not, what have you been told?
  - ii. Are you able to get prescriptions for your child? If not, what are the barriers?
- b. Psychiatric Crisis
  - i. If parent is worried for their safety and/or the safety of their child, do they have the number of a mobile crisis unit?
  - ii. If the child is hospitalized
    - 1. How is the hospital conducting treatment planning meetings?
    - 2. How is the hospital managing alternative means of parent/child visits and therapy?
    - 3. Do you feel your child is safe in terms of psychiatric health as well as protection from the virus?

#### 6. Any change in placement pending prior to COVID-19 including group homes/residential placement

- a. Any communications on a potential change