CONFERENCE REGISTRATION BROCHURE

2019 NATIONAL CONFERENCE FOR LAWYER ASSISTANCE PROGRAMS

FROM SURVIVING TO THRIVING: LAPs Lead the Way

Lawyers Helping Lawyers In Texas

September 24–26, 2019

HILTON AUSTIN HOTEL ★ AUSTIN, TEXAS
3 WAYS TO REGISTER

EXHIBITOR REGISTRATION INFORMATION (PLEASE PRINT OR TYPE)

Please copy this form if you are registering more than one person by fax or mail and complete a separate form for each registrant.

If you experience any problems with registration, please contact Sharon O’Connell at sharon.oconnell@americanbar.org

ONLINE ➤ ambar.org/colapconference2019
SECURE FAX ➤ 312.988.5850
US MAIL ➤ American Bar Association
Attn: Service Center — Meeting/Event Registration Department
321 N. Clark St
Chicago, IL 60654

Please copy this form if you are registering more than one person by fax or mail and complete a separate form for each registrant.

METHOD OF PAYMENT

[ ] Check Enclosed (made payable to the American Bar Association) or
[ ] MasterCard   [ ] Visa   [ ] American Express

Name: ____________________________________________
Name on Badge: ___________________________________
Organization: _____________________________________
Address: _________________________________________
City/State/Zip: ____________________________________
Phone: ____________________ Fax: ____________________
Email Address: ____________________ ABA Member ID: ____________________

Is this your first time attending this Conference? [ ] Yes  [ ] No

Please indicate if you have a disability that requires assistance:
[ ] Audio  [ ] Mobile  [ ] Visual

Please specify if you have special dietary restrictions:
_____________________________________________________

ATTENDEE REGISTRATION FEES

(Attendee registration fee includes all conference sessions, Tuesday Welcome Reception, breakfast and lunch on Wednesday and Thursday, Wednesday evening Dessert Reception and multiple coffee breaks.)

(Early rates apply to registrations received by 8/3/19)

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Special One-day Registration Options Available
On-Site. Wednesday only or Thursday only.

No Advance Registration for One-Day Rates

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Total Attendee Fees: $_____

GUEST REGISTRATION

(Guest registration includes the Welcome Reception on Tuesday and the Wednesday evening Dessert Reception. Conference sessions, breakfasts, lunches and coffee breaks are limited to Conference Attendee Registrants.)

Name: ____________________________________________
(As you would like it to appear on your badge)

Conference Dinner $80 $_____
(Note: Dinner is not included in your registration.)

Total Guest Fee: $_____

TOTAL ATTENDEE AND GUEST FEES: $_____

Please specify if your guest has dietary restrictions:
_____________________________________________________

(ADVANCE REGISTRATION CLOSES 9/4/19)

Check Enclosed (made payable to the American Bar Association) or

[ ] MasterCard   [ ] Visa   [ ] American Express

CREDIT CARD NUMBER/EXPIRATION DATE

NAME ON CARD (PLEASE PRINT OR TYPE)

SIGNATURE

Cancellation Policy: Substitutions may be made at any time. Refund requests must be sent in writing and received on or before September 11, 2019. Cancellations will be fully refunded less a $50.00 administrative fee. No refunds will be given after September 11, 2019. The ABA reserves the right to cancel or alter any programs and assumes no responsibility for personal expenses. Send refund requests to Sharon O’Connell via email to: sharon.oconnell@americanbar.org.

Financial Aid: A limited number of registration scholarships are available to those who are unable to attend the program due to financial hardship. Contact Sharon O’Connell at sharon.oconnell@americanbar.org to request a registration scholarship. Decisions are based upon individual circumstances. The deadline to request a scholarship is July 15, 2019.
Dear Friends:

On behalf of the American Bar Association's Commission on Lawyer Assistance Programs (CoLAP), it is our pleasure to invite you to attend the 2019 National Conference. The 2019 Conference is being held at the Hilton Austin Hotel in Downtown in Austin, Texas. The conference will begin with a Welcome Reception and Opening of the Exhibit Hall late in the afternoon on Tuesday, September 24th and conclude Thursday evening, September 26th with the Annual Conference Dinner.

The theme for the conference is “From Surviving to Thriving: LAPs Lead the Way.” The conference program includes sessions of interest to judges, disciplinary staff, bar leaders, lawyer assistance program directors and staff, law school administrators and law firm managers, as well as, abundant opportunities to network with LAP personnel and volunteers involved in lawyer assistance programs from across the U.S., Canada and the U.K.

In addition, the Conference features an Exhibit Hall of facilities from around the US and Canada that focus on treating substance use disorders, compulsive behaviors, mood disorders, and more. This is a wonderful opportunity to discover new facilities and interact face to face with the facilities you use currently.

Your participation in the 2019 National Conference is a crucial factor in the ongoing development of lawyer assistance programs. The sessions truly represent a unique opportunity to learn about issues that can have a direct impact on the legal community’s well-being, and about how lawyer assistance programs operate.

Please join us in making this the most dynamic and well-attended conference yet.

Sincerely,

Beth Padgett
Conference Chair
Lawyers Helping Lawyers, Co-Director SC Bar

Tish Vincent
Conference Vice-Chair
LJAP Program Director, State Bar of Michigan

2019 NATIONAL CONFERENCE PLANNING COMMITTEE
Beth Padgett—Columbia, SC
Chair, 2019 National Conference Planning Committee

Tish Vincent—Lansing, MI
Vice-Chair, 2019 National Conference Planning Committee

MEMBERS
Robert Albury—Charleston, WV
Joan Bibelhausen—St. Paul, MN
Anne Chambers—Jefferson City, MO
Mike Ethridge—Charleston, SC
Shari Gregory—Portland, OR
Yvette Hourigan—Frankfort, KY
Derek LaCroix—Vancouver, BC
Anna Levine—Boston, MA
Tom Roman—Cary, NC
Nancy Stek—New Brunswick, NJ

ABA STAFF
Theresa “Terri” Gronkiewicz—Chicago, IL
Sharon O’Connell—Chicago, IL
Natalia Vera—Chicago, IL

2019 National Conference for Lawyer Assistance Programs
**SESSION 2**

“Earning Your Lawyer Badge”: Mentoring Professional Identity To Improve Lawyer Well-Being

Personal relationships with veteran lawyers who model professional identity and successful integration of well-being and professionalism is paramount for new lawyers to develop their own professional identity. Experienced and successful lawyers can serve as a compass, a refuge, and inspiration.

This discussion will focus on the role of professional identity in creating a successful legal career, including the correlation between poorly developed professional identity and heightened burnout, unprofessionalism, leading to disciplinary issues. The goal is to develop a more holistic, positive identity for lawyers. This workshop provides a practical, interactive experience for participants to develop a written description of their holistic professional identity and to learn how to utilize mentors.

**Speaker:**
- **Sarah Myers**, Colorado Lawyer Assistance Program, Denver, Colorado
- **Ryan Peyton**, J.D., Colorado Attorney Mentoring Program (CAMP), Denver, Colorado

**SESSION 3**

State Implementation of the National Task Force Report: Lessons Learned

Many states have embarked upon a collaborative effort to systematically implement recommendations stemming from the 2017 Report of the National Task Force on Lawyer Well-Being. Participants will hear from Task Force leaders and state LAP directors about the various types of statewide collaborative entities formed, with information provided about struggles and successes. Panelists will give practical tips and strategies for states interested in starting their own collaboration.

**Speakers:**
- **William Slease**, J.D., Chief Disciplinary Counsel, Disciplinary Board of the New Mexico Supreme Court, Santa Fe, New Mexico
- **Honorable Beth Walker**, Chief Justice of the West Virginia Supreme Court, Charleston, West Virginia
- **Bree Buchanan**, J.D., Chair, ABA Commission on Lawyer Assistance Programs
Three Concurrent Sessions

SESSION 1

Tools for Recovery from Eating Disorders

An estimated 30 million people in the US have eating disorders. They often go undiagnosed and untreated, and they have the highest mortality rate of any mental illness. People with eating disorders often have co-occurring mood and/or substance use disorders, making the mortality rate even higher. We know that stress is a trigger for eating disorders, and stress is a daily part of the lives of many professionals. This presentation will offer the perspectives and insights of various participants in the ongoing response to a recent attorney suicide that affected the Houston office of a large international law firm. Although an overview of the many facets of the overall response effort will be provided, the primary focus of the presentation will be the experience and expertise of certain professionals involved in the response, such as the initial crisis counselors, the local LAP, and firm representatives.

Speakers:

- Michael E. Sievers, JD, Hunton Andrews Kurth, LLP, Richmond, Virginia
- Chris Ritter, JD, Mediator, Texas Lawyers Assistance Program, Austin, Texas
- Kyrie Cameron Wallace, Patterson & Sheridan, LLP, Houston, Texas

SESSION 2

On the Path to Law Student Well-Being

In this presentation attendees will learn from academics at Columbia Law School, University of St. Thomas School of Law, and members of the CoLAP Law Student Assistance Committee about the current landscape of law school initiatives designed to promote law student well-being. The CoLAP LSAC surveyed law schools across the country about their curricula, programs, and other wellness-related offerings. The presenters will share a snapshot of how the law schools are on their path to increasing law student well-being and share a trove of resources culled from the survey of many schools. Ideas about how LAPs can partner with the nation’s law schools will be presented. There will be opportunity for interaction and the audience will be invited to share knowledge of how the law schools in their jurisdiction are progressing on their path to encouraging well-being and resilience in their students. The LAP community recognizes that teaching students about their own well-being and the well-being of their colleagues and friends as they learn the law is imperative for the future generations of lawyers. For too long law students have been given the message that their well-being is second to the practice of law.

Speakers:

- Judith Rush, JD, Director of Mentor Externship, University of St. Thomas School of Law, Minneapolis, Minnesota
- Jordana Alter Confino, JD, Assistant Director of Academic Counseling, Columbia Law School, New York, New York
- Chase Anderson, JD, Case Manager, Lawyers Concerned for Lawyers, Minnesota
- Jennifer Leonard, University of Pennsylvania, Philadelphia, Pennsylvania

SESSION 3

Dementors and Darkness: Depression in the World of Harry Potter

Depression and its symptoms are often misunderstood or go unrecognized in the general population. The feelings of hopelessness, helplessness, low energy and difficulties with concentration and memory are uniquely debilitating for attorneys and other legal professionals. While mental health in the legal profession has recently garnered significant attention, depression often continues to be shrouded in misunderstanding and stigma. Depression unrecognized and untreated can be fatal. Raising awareness about this affliction continues to be a worthy goal. This session utilizes film clips and group discussion to explore depression, stigma, and mental health recovery through the lens of J.K. Rowling’s Harry Potter series. Participants will leave with a greater understanding of the signs and symptoms of depression as they are led on a creative endeavor by an unabashed Harry Potter fanatic who is a frequent speaker on topics of mental health and wellness.

Speaker:

- Loretta Oleksy, JD, LSW, Deputy Director, Indiana Judges and Lawyers Assistance Program, Indianapolis, Indiana

10:30 A.M. - 11:00 A.M.

Coffee Break and Prize Drawing in the Exhibit Hall

11:00 A.M. - 12:15 P.M.

The Opioid Crisis is a Wicked Problem Identified Gap(s): Lack of Understanding Regarding the Scope and Magnitude of the Opioid Crisis

This presentation by Dr. Lee of the Farley Center will offer an overview of the opioid epidemic in the United States which will include the complexities that make its impact wicked for healthcare recipients, including lawyers, as well as for healthcare providers. When treating pain patients, what are the goals, both desired and realistically? This presentation will leave LAP staff better able to recognize circumstances surrounding opioid addiction and more aware of the dangers of opioid use within vulnerable populations such as senior lawyers and other subsets of the legal community. Dr. Lee will discuss strategies for tackling opioid overdose, guidelines for prescribing, and pain management, so attendees will better understand LAP clients experiencing acute or chronic pain. A LAP representative will also offer their experiences with clients experiencing issues related to pain and opioid use.

Speakers:

- Jonathan Lee, M.D., Farley Center, Medical Director, Williamsburg, Virginia
- Moderator: Tom Roman, JD, Volunteer, Pennsylvania Lawyer Assistance Program & North Carolina Lawyer Assistance Program

12:15 P.M. - 1:30 P.M.

Lunch (BOX LUNCH)

1:00 P.M. - 2:00 P.M.

In the Aftermath of Tragedy: Responding to a Big-Law Suicide

There are many factors to consider in designing and implementing an effective response to an attorney suicide in a large organization. Considering some of these factors in advance can avoid confusion and save valuable time when responding. Learning from prior experience is critical. This presentation will offer the perspectives and insights of various participants in the ongoing response to a recent attorney suicide that affected the Houston office of a large international law firm. Although an overview of the many facets of the overall response effort will be provided, the primary focus of the presentation will be the experience and expertise of certain professionals involved in the response, such as the initial crisis counselors, the local LAP, and firm representatives.

Speakers:

- Michael E. Sievers, JD, Hunton Andrews Kurth, LLP, Richmond, Virginia
- Chris Ritter, JD, Mediator, Texas Lawyers Assistance Program, Austin, Texas
- Kyrie Cameron Wallace, Patterson & Sheridan, LLP, Houston, Texas

2:00 P.M. - 2:30 P.M.

Coffee Break and Prize Drawing in the Exhibit Hall

2:30 P.M. - 3:45 P.M.

Three Concurrent Sessions

SESSION 1

Tools for Recovery from Eating Disorders

An estimated 30 million people in the US have eating disorders. They often go undiagnosed and untreated, and they have the highest mortality rate of any mental illness. People with eating disorders often have co-occurring mood and/or substance use disorders, making the mortality rate even higher. We know that stress is a trigger for eating disorders, and stress is a daily part of the lives of many professionals. This presentation will offer the perspectives and insights of various participants in the ongoing response to a recent attorney suicide that affected the Houston office of a large international law firm. Although an overview of the many facets of the overall response effort will be provided, the primary focus of the presentation will be the experience and expertise of certain professionals involved in the response, such as the initial crisis counselors, the local LAP, and firm representatives.

Speakers:

- Kenneth Carter, MD, C.W. Bill Young VA Medical Center, Dept. of Psychiatry, Bay Pines, Florida
- Honorable Sheila Murphy, Illinois Supreme Court LAP Board Member, Springfield, Illinois

2019 National Conference for Lawyer Assistance Programs
SESSION 2
Regulatory Strategies to Address Law Student Well-Being: A Roundtable Discussion
Considering studies demonstrating widespread substance use and mental health challenges in the profession, we understand that action must be taken to transform the experience of our law students as they enter the profession. Law school brings its own mental health concern and the looming character and fitness review serves as a barrier to receiving help. What can be done about it? Sit in on this moderated panel discussion with LAPs, deans of students, bar examiners and advocates to share strategies on how to reform the character and fitness process to alleviate the fear of getting help, as well as how to better equip law students for mental health and substance use issues through LAP programs and a proposed mandatory course. Attendees will be encouraged to engage with the panel so that all can leave with ideas to propose or implement.

Speakers:
• Michelle (Missy) Gavagni, Executive Director, Florida Board of Bar Examiners/Chair of the National Conference of Bar Examiners, Tallahassee, Florida
• The Honorable Chief Justice Paul Reiber, Chief Justice of the Vermont Supreme Court, Chair of the Conference of Chief Justices and of the National Center for State Courts
• Chris Ritter, JD, M.Ed., Director, Texas Lawyers Assistance Program, Austin, Texas
• Stephanie Villinski, JD, IL Supreme Court Commission on Professionalism, Chicago, Illinois
• Janet Stearns, JD, Dean of Students & Lecturer in Law, University of Miami School of Law

3:45 P.M. – 5:00 P.M.
How Johnson and Johnson is Transforming Mental Health for its Employees, Lawyers, Families, and Outside Counsel
Based on information from the CDC, the national suicide rate increased by 33% from 1999 to 2017, with 47,000 people completing suicide in 2017. These numbers are staggering. Suicide is impacting every person, family, and business in America. Highlighting how one employer’s mission to define mental health as a global priority for their employees and communities, this session will provide an overview of the approach Johnson and Johnson is taking to better support employees, patients, and their families who experience the challenges of mental illnesses. The goal of this mission’s implementation is to empower each person to be a leader in this challenge for his and her own community.

Speakers:
• Craig Kramer, JD, Johnson & Johnson, New Brunswick, New Jersey

7:00 P.M. – 9:00 P.M.
Annual Conference Dinner at Salon K, Hilton Austin Hotel
Dinner, Awards Presentation. Guest Speaker, Brian Cuban

9:30 P.M. – 10:30 P.M.
Open 12 Step Meeting
SPECIAL EVENTS AND NETWORKING OPPORTUNITIES

WELCOME RECEPTION
Tuesday, September 24
Come visit with the Conference Exhibitors and learn about their facilities at this one hour reception. This is an excellent opportunity to reconnect with old friends and meet new colleagues. The Welcome Reception begins at 5:00 p.m. and is open to all Conference attendees.

LUNCH WITH CONFERENCE EXHIBITORS
Wednesday, September 25
Enjoy lunch and the opportunity to learn about the treatment resources available for lawyers including resources for process addictions, behavioral disorders, and more!

DESSERT RECEPTION
Wednesday, September 25
The dessert reception is a great way to connect with your colleagues and share our wisdom and merriment. We will gather together to eat scrumptious desserts and socialize in a special Austin, TX way!

BREAKFAST TOPICS
Thursday, September 26
Join us at the CoLAP Café as a wide variety of breakfast topics are served. Facilitators will lead each table in an interactive discussion on the table topic being served. Note: There will also be tables available without topics for individuals that just want to have breakfast and talk with other attendees.

ANNUAL CONFERENCE DINNER AT SALON K, HILTON AUSTIN HOTEL
Thursday, September 26
The Annual Conference Dinner will be held in Salon K at the Hilton Austin Hotel, 6th Floor. The Dinner will include remarks given by the chair of the ABA Commission on Lawyers Assistance Programs and an awards presentation. Featured guest speaker will be Brian Cuban.

NOTE: The cost to attend dinner is not included in your registration fee. You must purchase a ticket to attend. Attire for the dinner is Business Casual.

ILAA CONFERENCE
The 2019 ILAA Annual Conference will be held September 27–29 and will also be held at the Hilton Austin Hotel. Visit www.ILAA.org for detailed information.

HOTEL AND TRAVEL INFORMATION

HOTEL REGISTRATION
A block of sleeping rooms has been reserved for conference attendees at the Hilton Austin Hotel, conveniently located in downtown Austin. Room rates are $265 per night for single/double occupancy plus tax. The deadline to obtain housing and secure the negotiated room rate is Monday, August 26, 2019 at 11:59 p.m. Eastern time or until the group block is sold-out, whichever comes first.

You can make reservations online by using the passkey link, https://book.passkey.com/go/AmericanBarAssnCoLAP or by calling 1-512-482-8000 and referring to the ABA National CoLAP/ILAA Conference.

You will receive confirmation of your reservation directly from the hotel. Individuals with guaranteed reservations must cancel their reservation 72 hours prior to the scheduled day of arrival to avoid a one-night cancellation charge. Check-in time is 3:00 p.m. and check-out time is 12:00 noon.

Hilton Austin Hotel
500 East 4th Street
Austin, Texas 78701
512-482-8000

TRAVEL
The ABA has negotiated airfare discounts on American, United and Delta Airlines and car rental discounts with Hertz, Dollar and Thrifty. To book online, go to http://www.americanbar.org/membership/aba_advantage_discounts/hotel-and-travel.html. For offline airline reservations, call 877-833-6285.

Discounts on Delta and United may be obtained directly from the airlines using the ABA discount codes: Delta Airlines: Call 800-328-1111 and use ABA File Global Meeting Code NMP56, or visit www.delta.com and use Online Meeting Event Code NMP56. The ABA discount on American Airlines is only available on-line at http://www.americanbar.org/membership/aba_advantage_discounts/hotel-and-travel.html.

GROUND TRANSPORTATION
The Hilton Austin Hotel is approximately 7 miles from the Austin-Bergstrom International Airport (ABIA) http://www.austintexas.gov/airport. A one-way ride from the ABIA Airport to the Hilton Austin may take on average 15-45 minutes. Most major rental car companies are available at Austin Bergstrom International Airport. Other standard transportation options include the Capital Metro Bus Line and ride-hailing services from companies such as Uber, Lyft and Ride Austin. SuperShuttle is also available to transport passengers from the airport to locations around the city.

SuperShuttle
SuperShuttle is one of the leading airport shuttle services in the U.S., serving over eight million passengers a year. For a VIP experience, try their private black car service ExecuCar. Learn more about additional shuttle, limousine and charter services here.

TAXI & RIDE-HAILING
Austin Cab Company
The City of Austin regulates taxicab rates. These rates apply to all taxicab companies and all drivers. The current meter rate is $2.50 for the first 1/6 mile plus $0.40 for each additional 1/6 mile. Waiting time is $29.00 per hour.

By city ordinance, there is a minimum price for trips that originate from Austin Bergstrom International Airport (ABIA). It is set at the value of a 4 mile trip (currently $13.10). Also, per city ordinance, trips which originate at the airport are subject to a $1 surcharge. There is no additional charge for extra passengers. As many as four (4) passengers may ride for the price of one passenger. Please note: Drivers are independent contractors. They are not employed by a cab company; they work for themselves. Tips are at the discretion of the customer.

car2go
car2go offers instant access to 300 Mercedes-Benz Vehicles spread throughout the downtown Austin core—ready to be reserved and driven right from the street. Find the nearest car on the car2go app, and take it for just a few minutes or a few days without having to return it where you found it. When you’re done, parking is included.

Bike and Scooter Rentals
On-the-go bike rentals from Austin B-cycle are available to use at more than 40 stations located throughout the city. Also available are a number of bike shops that offer hourly and daily rentals, such as Barton Springs Bike Rentals. Dockless bikes and scooters are available around town from companies such as Lime Bike, Bird, Pace, Lyft and more. Maps and bike routes can be found here.

Pedicab
These carts, pulled by local cyclists, can be found all throughout Austin. Each driver is licensed by the City of Austin Ground Transportation Department and work solely on tips, so be generous!

CLIMATE/DRESS CODE
In late September, the average temperature in Austin is roughly 88 degrees. Be sure to check the weather channel before you leave to obtain the most current temperatures. Regardless of the outdoor temperature, it is always advisable to dress in layers so that you are comfortable in the meeting rooms.
KEY 2019 CONFERENCE DATES

August 3, 2019  ▶  Early Registration Deadline
August 26, 2019 ▶  Last day to obtain negotiated room rate or until block is sold-out, whichever comes first
September 4, 2019 ▶  Advance/Online Registration Closes

September 4, 2019 until Conference ▶  Onsite Registration Only
September 11, 2019 ▶  Conference Cancellation Deadline (refer to policy for details)

SAVE THE DATE  ▶  2020 National Conference for Lawyer Assistance Programs
                October 20–22, 2020
                Tower Square Hotel
                Springfield, Massachusetts