POSSIBLE SKILLS TO WORK ON AT HOME

ADAPTIVE BEHAVIOR

- Follow a Toothbrushing routine
- Follow Face washing routine
- Getting dressed/undressed
- Follow a toileting schedule
- Provide 1, 2, 3 steps tasks throughout the day

FUNCTIONAL ACADEMICS

- Skills with Coins
- Skills with Paper money
- Set up a “store” in the kitchen and bathroom to practice buying things and describing what each thing is called and what it is for
- Telling time to 30 minutes; 15 minutes
- Providing name, address and phone number
- Using 911 appropriately

LITERACY

- Parent verbally reads a paragraph or page; Student reads next paragraph/page
- Student independently reads for 15min; 30 min; 45. Ask questions about what was read: What happened? What do you think will happen next?
- Student listens to a story, newspaper or magazine article or watches a video and verbally responds, writes a response or draws a response
- Label items around the house with POST-Its and review each day/week What is the object?
What does it do?
How do we spell the object?

**MATH**

- Work on math facts: (addition, subtraction, multiplication, division)
- Follow a recipe to work on measuring
- Use things around the house to show and work with fractions: a loaf/slice of bread; a cut up piece of fruit; a pizza
- Use household items to work on concepts of: bigger, heavier, smaller, less than, more than

**WRITING**

- Practice writing capital and lower case letters
- Practice writing words, sentences or paragraphs
- Write a letter to a relative, or a friend telling them about your time at home, cut out pictures from magazines to show what you are doing

**COMMUNICATION**

- Talk to your child and request verbal imitation back
- Set up a fun activity and prompt your child to use verbal communication to get what he/she wants
- Seek and keep track of verbal utterances your child makes/initiates
- Use the audio function on a phone to practice speech
SOCIAL SKILLS ~ BEHAVIOR

• Play a board game, card game as this promotes waiting for a turn, following rules and sitting still. Don’t forget “Simon Says” as a fun way to follow directions and listen carefully
• Set a routine in your house as best you can and follow it so your child’s day has as much structure as possible
• Work on a family schedule together- make it fun, add drawings and post it in various places in your home
• Use “if –then “ statements with your child