Video Talking Points

- There are various types of Bullying:
  - Physical
  - Verbal: Could be worse than physical due to the long-lasting psychological effects
  - Internet (“Cyber bullying”)
- Regardless of gender, sexual orientation, race, religion or economic background, anyone can be bullied.
  - Young lawyer can share personal story of bullying if comfortable.
- Bullying statistics:
  - The most common form of violence of children
  - 280,000 students are attacked monthly in high school
  - 15 to 30% of students are bullies or victims
  - 9 of 10 of Gay, Lesbian, Bisexual and Transgendered students have been bullied
  - 160,000 children stay home due to bullying
  - Victims of bullying are up to 9 times more likely to think about suicide
  - Only 36% of bullying incidences are reported
  - 3.7 million 6 to 10 graders will engage in bullying
  - Bullying is linked to 75% of shootings
- Why do bullies bully?
  - Most bullies are victims of bullying themselves. When bullying is ignored, many victims withdraw, become depressed and eventually bully others. It’s cyclical.
- THE BIG MYTH: Bullying is normal and kids should get over it. NO. Bullying is not something that children have to deal with or suffer through.
- There are ways of stopping bullying:
  - Bystanders enable bullying and fuel the abuse. Ignoring and discouraging the behavior will help put an end to the bullying.
- Signs of bullying:
  - Depression
  - Lower grades
  - Withdrawal
  - Fake illnesses
Bullyproof: Video Talking Points

- Bullying may or may not be illegal depends on the state and the situation
- ABA YLD is using its resources to end Bullying by:
  - Going to schools across the nations to address the issue with teachers, administrators and students;
  - Collaborating with lawyers to arm them with information for their own cases involving bullying victims; and
  - Providing best practices tools and materials for legislation lobbying.
- Victims of bullying feel they brought it on themselves for not fitting in.
- Bullying can result in long lasting memories that are carried into adulthood.
- Bullying can lead to suicide.
- Bullying victims need to know that it gets better. They need to know that they can be who they are in spite of being different. Victims need to know that they did nothing to deserve being bullied.