

About the Authors

Kelsey Mayo is an employee benefits and executive compensation partner with the law firm Poyner Spruill LLP. She works with executives, vendors, business owners, and HR teams to understand and manage all types of employee benefits and executive compensation arrangements. Kelsey enjoys helping professionals decipher the most complex areas of this field and speaks regularly with industry organizations. She also serves the American Retirement Association's Government Affairs Team, which works with government agencies and Congress to develop workable regulations and legislation for the retirement industry. She earned her B.S. degree in Accounting from North Carolina State University and her J.D. degree from Wake Forest University School of Law.

Sharon Reece has taught in the area of taxation and employee benefits for several years. Currently she is a Visiting Associate Law Professor at the University of Maryland Francis King Carey School of Law. She earned a J.D. from Hofstra University School of Law and an LL.M in Taxation from New York University School of Law. Professor Reece has published in the areas of Taxation and Employee Benefits Law, and has coauthored two books on the Employee Retirement Income Security Act of 1974 (ERISA).

Jesse St. Cyr practices employee benefits and executive compensation as a partner with the law firm Poyner Spruill LLP. He has extensive experience working on executive compensation matters with a variety of employers, including public and private companies, governmental employers, and churches. Jesse received his B.A. degree from George Mason University and his J.D. degree from William & Mary School of Law.