

Contents

Preface	vii	
Acknowledgments	xv	
Introduction	xvii	
PART I	Fear in Legal Education and Practice	1
Chapter 1	Fear in Law Students	3
Chapter 2	Fear in Lawyers	21
Chapter 3	Fear in Clients	33
Chapter 4	The Role of Fear in Mistake-Making	55
PART II	The Tangle of Fear	69
Chapter 5	The Science of Fear	71
Chapter 6	The Ineffectiveness of “Pro-Fear” Messages	81
Chapter 7	How Fear Blocks Learning and Performance	87
Chapter 8	How Fear Hides Behind Other Unproductive Emotions	91
PART III	How Other Industries and Professions Untangle Fear and Mistake-Making	99
Chapter 9	A Glimpse into Fear and Mistake-Making in Medical Education and Training	101
Chapter 10	A Glimpse into Fear and Mistake-Making in Journalism Education and Training	107
Chapter 11	A Glimpse into Fear and Mistake-Making in Engineering Education and Training	111