Table of Contents

Introduction ................................................................. vii
  A Brief History of the Recent Evolution of Technology .......... vii

Office Technology ......................................................... 1
  Set Up a Wi-Fi Network in Your Office ......................... 2
  Set Up a Guest Wi-Fi Network in Your Office .................. 6
  Troubleshooting Your Wi-Fi Network ............................... 11
  Using Wi-Fi to Safely Connect to the Internet ................. 18
  Help Your Clients Feel Involved in Their Case
    with Client Portals ................................................ 24
  Use Freeconferencecall.com to Get Free
    Conference Calls .................................................. 27
  Remote Conference Calls ............................................ 31
  AI Technology and ROSS ............................................. 35
  Multi-Function Keyboards ........................................... 38
  Visual Aids for Your Technology ................................... 44
  Pick the Time You Send Your E-Mail .............................. 47
  Beat the Cold Coffee Blues with a USB Coffee Warmer ....... 50
  Turn Your USB Ports into Multi-Taskers with a Hub .......... 54
  Manage Cord Clutter ................................................ 58
  Reduce Background Noise While Working ....................... 62
  Use a Charging Station to Make Sure Your Technology
    Is Ready When You Are ............................................. 65
  Green Office Technology—Technology Savings ................... 69
  Slack Office Communications ....................................... 72
  Expand Your Horizon with a Remote Office ..................... 75
  Moving beyond the Remote Office to a Virtual Office ......... 77
  Cloud Computing ...................................................... 80
  Team Viewer for Remote Access to Your Computer ............. 83

Mobile Technology ....................................................... 87
  Rules of Mobility: Rule #1—The More You Carry,
    the Less Mobile You Become! .................................... 88
  Rules of Mobility: Rule #2—Nature Abhors a Vacuum! ....... 90
  Rules of Mobility: Rule #3—if You Have to Carry
    a Lot of Stuff, Get Some Wheels! ............................... 92
  Rules of Mobility: Rule #4—Leverage the Cloud
    to Protect Your Data ............................................. 94
# Technology Tips for Seniors

Rules of Mobility: Rule #5—If Your Equipment Does Not Have Its Own Internet Access, Bring Your Own Hotspot ................................... 96

*Back to My Mac* for Remote Access to Your Mac Computer ...................................... 98

Recharge Anywhere with a Portable Power Bank ............. 102
Recharge Your Laptop Anywhere with Specialized Power Banks ................................... 105

From Many, One. .................................. 109

Protect the Screens of Your Mobile Devices ..................... 112
Get Help Navigating the Open Road ......................... 117

## Technology for Your Home ............................................. 121

Set Up a Wi-Fi Network in Your Home ..................... 122
Set Up a Wireless Network with the Orbi Wi-Fi System .... 128
Hire a Virtual Assistant at Home: Amazon’s Alexa (Echo and Dot) ..................................... 132

The Echo Show ................................... 138

Smart Home Technology—LITEdge Smart Plug ................ 142
Smart Home Technology—Nest Thermostat ..................... 145

Nixplay Digital Photo Frame ............................... 148

Embrace a Decluttering Mantra ............................. 154

Google Home .................................... 158

Nonda ZUS Smart Car Charger ............................... 162

Clean Up Your Tech! . .................................. 165
Sanitize Your Tech with Ultraviolet Light! .................. 168

Black Light: It’s Not Just for Posters .......................... 170

## Travel Technology Tips .................................................. 173

Travel Tips for Seniors .............................................. 174
Plan Ahead .............................................. 176

Take the Train ...................................... 178

Get Your Mobile Devices Provisioned for International Use ........................................ 180

Use Wi-Fi and Text Messaging ............................... 183

Use Your Mobile Device as a Travel Agent and Guide .... 184

Get the Inside Scoop with Airfarewatchdog.com ........... 186

Bring Some Entertainment .................................... 188

Buy a Bucket of Data Access ................................. 190

International Hotspot ....................................... 192

Dealing with Foreign Current ................................. 196
Table of Contents

Use a Personal Electric Vehicle ............................................. 199
Get a WHILL Model Ci Personal Electric Vehicle .................... 203
Get a Triaxe Sport Electric Vehicle ....................................... 207
Airline Regulations for Passengers Carrying Lithium-Ion Batteries .................................................... 209

Using the Internet ................................................................. 215
  Online Legal Marketplaces and the "Uber-ization" of Legal Services ................................................................. 217
  Use the Internet to Plan Your Next Activity ........................ 220
  Use the Internet to Manage Your Finances ........................... 223
  Use the Internet to Stay Socially Active .............................. 227
  Use the Internet to Train Your Brain .................................. 231
  Use the Internet to Shop Smarter ....................................... 235
  Use the Internet to Celebrate Milestones ............................ 242
  Use the Internet for Your Health and Fitness ....................... 244
  Use the Internet to Find Your Next Favorite Book ................. 250
  Use the Internet to Stay Informed ....................................... 256
  Where Do I Find the Dark Web (and Do I Want to Find It?) ...... 259

Technology and Hobby Tips .................................................... 263
  Get a Hobby! ........................................................................ 264
  Tech Tools for Cooking ..................................................... 267
  Learn a Foreign Language ................................................... 272
  Technology for the Gardener .............................................. 276
  Get a Fitbit ......................................................................... 279
  Laser Pointers Can Make Great Pet Toys ............................... 282
  Keep Track of Your Pets with LinkAKC ................................ 285
  Get Fitbark for Your Dog .................................................... 289
  Become a Seasoned Photographer ........................................ 291
  Build Your Own Video-Recording Studio from Your iPad with Padcaster ......................................................... 295
  Make Back the Cost of This Book in a Couple of Weeks by Watching Movies ......................................................... 299
  Become the Family Archiver .............................................. 304

Miscellaneous Technology Tips .............................................. 311
  Include Instructions for Digital Records in Your Succession Plan and Your Emergency Plan .................................. 312
  Save Money by Buying New Older Technology ....................... 316
vi • Technology Tips for Seniors

Save Money by Buying Top-of-the-Line Technology and Holding On to It Longer ......................... 319
I Can Hear You Now! ........................................ 323
Use Your Smartphone as a Magnifier ................ 327
Use Folders to Sort Your Applications .................. 329
POP, IMAP, and Exchange ... Oh My! ................. 332
Choosing an E-Mail Client ............................... 336
Send Talk Messages Not Text Messages ............... 340
Like Magazines? Subscribe to Texture ................. 342
Check Out Magzter ........................................ 349
Keep Track of Your Stuff .................................. 351
What the (|*^_%(^ Do I Do When My Computer Freezes? ........................................ 355
Be Wary of Phishing E-Mail Scams .................... 359
Dealing with the Risk of Identity Theft ................. 362

Jeff’s and Ashley’s Favorite Apps ......................... 367
Our Favorite Apps ........................................... 368
Jeff’s Favorite Apps ........................................ 371
Ashley’s Favorite Apps ..................................... 398