Contents

Contributors xvii
Acknowledgments xxi
Book Introduction xxiii

PART 1 Medical Basics 1
Introduction 1

Chapter 1 Head Trauma and Brain Injury: An Overview 3
Jack E. Hubbard
Introduction 3
Causes of Head Injury 4
A Historical Perspective 4
Diagnostic Procedures 8
Anatomy of the Head and Neck 9
Definitions 18
Conclusion 18
Key Points 18

Chapter 2 Anatomy of the Head and Neck 21
Jack E. Hubbard
Introduction 21
Skeletal System 21
Neural Components 29
Vascular Supply 47
Muscles 50
Skin 53
Gastrointestinal System 56
Respiratory System 57
Endocrine System 60
Conclusion 62
Key Points 63
## Chapter 3  Neurodiagnostic Testing  67

Jack E. Hubbard, Samuel D. Hodge, Jr

<table>
<thead>
<tr>
<th>Section</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Introduction</td>
<td>67</td>
</tr>
<tr>
<td>Medical Imaging</td>
<td>67</td>
</tr>
<tr>
<td>Electrophysiological Testing</td>
<td>88</td>
</tr>
<tr>
<td>Electroencephalogram (EEG)</td>
<td>89</td>
</tr>
<tr>
<td>Evoked Potential (EP)</td>
<td>89</td>
</tr>
<tr>
<td>Electromyogram (EMG)</td>
<td>90</td>
</tr>
<tr>
<td>Neuropsychological Evaluation</td>
<td>92</td>
</tr>
<tr>
<td>Conclusion</td>
<td>94</td>
</tr>
<tr>
<td>Key Points</td>
<td>95</td>
</tr>
</tbody>
</table>

## Chapter 4  Acute Head Trauma: Mechanisms of Injury  99

Jack E. Hubbard

<table>
<thead>
<tr>
<th>Section</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Introduction</td>
<td>99</td>
</tr>
<tr>
<td>Bone</td>
<td>101</td>
</tr>
<tr>
<td>Muscle</td>
<td>107</td>
</tr>
<tr>
<td>Peripheral Nervous System</td>
<td>111</td>
</tr>
<tr>
<td>Blood Vessels</td>
<td>115</td>
</tr>
<tr>
<td>Gastrointestinal</td>
<td>119</td>
</tr>
<tr>
<td>Respiratory</td>
<td>119</td>
</tr>
<tr>
<td>Endocrine</td>
<td>120</td>
</tr>
<tr>
<td>Conclusion</td>
<td>121</td>
</tr>
<tr>
<td>Key Points</td>
<td>122</td>
</tr>
</tbody>
</table>

### PART 2  Neurological Considerations  125

<table>
<thead>
<tr>
<th>Section</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Introduction</td>
<td>125</td>
</tr>
</tbody>
</table>

## Chapter 5  Traumatic Brain Injury  127

Jack Hubbard, Samuel D. Hodge, Jr

<table>
<thead>
<tr>
<th>Section</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Introduction</td>
<td>127</td>
</tr>
<tr>
<td>Definitions</td>
<td>127</td>
</tr>
<tr>
<td>Degrees of TBI</td>
<td>128</td>
</tr>
<tr>
<td>Mechanism of TBI</td>
<td>129</td>
</tr>
<tr>
<td>Prognosis After TBI</td>
<td>139</td>
</tr>
<tr>
<td>Treatment/Management</td>
<td>141</td>
</tr>
<tr>
<td>Prevention</td>
<td>142</td>
</tr>
<tr>
<td>Legal Discussion</td>
<td>144</td>
</tr>
<tr>
<td>Conclusion</td>
<td>150</td>
</tr>
<tr>
<td>Key Points</td>
<td>150</td>
</tr>
</tbody>
</table>
Chapter 6  Concussion  155

Robert C. Cantu

Introduction  155
Two Forces  156
Pathological Changes  156
Metabolic Changes  157
Symptoms  157
Prognosis  159
Initial Management  159
Why Children are Vulnerable  159
Recognizing Concussion  160
Underreporting of Concussions  161
On the Sidelines  162
Post-concussion Syndrome  162
Second-Impact Syndrome  162
Subconcussive Brain Trauma  163
When to Tell Your Patient to Stop Playing  164
Key Points  165

Chapter 7  Delayed Neurological Complications After Head Trauma  169

Jack E. Hubbard

Introduction  169
Seizures and Epilepsy  169
Vascular Disorders  172
Hydrocephalus  177
Infection  179
Fatigue  180
Sleep Disturbance  181
Cognitive Decline  181
Movement Disorders  183
Conclusions  185
Key Points  185

Chapter 8  Posttraumatic Headaches  189

Jonathan Gladstone

Introduction  189
The History of PTH  189
The International Headache Society Classification of Headache Disorders  190
Epidemiology of Traumatic Head Injuries and Posttraumatic Headache (PTH)  192
Clinical Presentation of PTH  193
Time Course of Headaches After Head Injury (i.e., the Temporal Relationship)  194
PTH and Postconcussive Symptoms  195
PTH Secondary Headache Disorders  195
Pathophysiology of PTH  196
How Physicians Evaluate PTH  199
Chapter 9  Traumatic Brain Injury in Children  211

Jeffrey P. Bomze

Introduction  211
Concussion  212
Definition  213
Diagnosis  214
Testing  215
Management  217
Prognosis and Recovery  218
Prevention  221
Laws  222
Summary: Concussion  223
Abusive Head Trauma  223
Historical Background  224
Definition and Description  224
Pathology  224
Diagnosis  225
Pathology  228
CT versus MRI  229
Biomarkers  230
AHT Differential Diagnosis  230
Laboratory Testing  233
Key Points: AHT  234
Management  234
Prognosis  235
Management and Rehabilitation  235
Prevention  236
Laws  236
Summary: Abuse  238
Key Points  239

Chapter 10  Spinal Cord Injury  253

Virginia Graziani Lowe, Samuel D. Hodge, Jr, Jack E. Hubbard

Introduction  253
Epidemiology  254
Etiology  255
Life Expectancy  255
Causes of Death  255
Anatomy of the Spine and Spinal Cord  256
Mechanism of Injury  258
Levels of Injury  261
Complete versus Incomplete Spinal Injuries  262
Prognosis for Recovery  263
Treatment  263
Systems Affected  265
CONTENTS

PART 3
Neuropsychological and Rehabilitation Considerations 297

Chapter 11  Neuropsychological Assessment and Rehabilitation of Traumatic Brain Injury 299
Ana L. Mills, Daniel W. Klyce, Nancy H. Hsu, Jeffrey S. Kreutzer

Chapter 12  Multifactor View of Disability After Traumatic Brain Injury: A Limited Resources Perspective 333
George K. Montgomery

Economics 269
Legal Considerations 269
Conclusion 283
Key Points 283

Introduction 297
Neuropsychological Assessment 300
Assessment Components 300
Quantitative Assessment Domains 305
Comorbid Factors 311
Interpretation, Diagnosis, and Recommendations 312
Forensic Neuropsychological Evaluation 316
Practice Settings 316
Special Considerations 317
Neuropsychological Rehabilitation After TBI 320
Principles of Neuropsychological Rehabilitation 320
Acute Phase Rehabilitation 320
Post-Acute Phase Rehabilitation 321
Intervention Modalities 322
Special Topics 324
Conclusion 326
Key Points 326

Introduction 333
Traumatic Brain Injury and Allocation of Limited Resources 334
Neuropsychological weakness 335
Emergence of Symptoms and Disability 335
Effort and Capacity 337
Executive Management by Frontal Lobes 338
Interactions and Functional Inconsistencies 338
Mood and Emotions 338
Contributions to Disability by Personal Factors 339
Negative Thinking 339
Arousal-Activation 340
Fatigue 341
Physical Symptoms 342
Contributions to Disability by Environmental Factors 345
Requirements for Complex Attention 345
Demands for Rapid Processing 345
External Distractions 346
Conclusion 346
Key Points 347

Chapter 13 Return to Work Following Traumatic Brain Injury 357
Michael West, Pamela Sherron-Targett, Paul Wehman, Charles Dillard
Introduction 357
Predictive Factors Related to RTW Following TBI 357
Medical Management in Support of RTW 359
Supported and Customized RTW Models 360
RTW Assessment 362
Job Search and Employer Negotiation Strategies 363
Workplace and Job Accommodations 364
Benefits Counseling and Advisement 366
Other Promising Practices 367
RTW: A Team Approach 368
Conclusion 368
Key Points 369

PART 4 Specific Causes of Head Trauma 371
Introduction 371

Chapter 14 Traumatic Brain Injuries in Sports 373
Samuel D. Hodge, Sr, Shilpa Kadou
Introduction 373
Definitions: Traumatic Brain Injury, Concussion 373
Athletes’ Stories 377
Concussion Litigation 383
Federal and State Statutes 385
Conclusion 386
Key Points 386

Chapter 15 Headache in Sports 403
Tad Seifert
Introduction 403
Background and Epidemiology 403
Exercise in Headache Prevention 404
Primary Headache Disorders 405
Secondary Headaches 407
Medical Management in the Elite Athlete 411
Conclusion 411
Key Points 411
Chapter 16  Sideline Evaluation of Concussion  415

Steven Devick, Danielle Leong, Jordan Messner

Background  415
The Concussion Crisis in Sports  415
Concussion Crisis in the NFL  416
Concussion Crisis in the NHL  417
Concussion Crisis in the NCAA  418
Concussion Crisis in Youth Athletes  419
Differences in Youth versus Professional Sports Protocols  420
Concussion Legislation  421
Criteria for Taking an Athlete out of the Game  421
History of Sideline Concussion Tests  422
Concussion Assessments Available  423
Conclusion  428
Key Points  428

Chapter 17  Traumatic Brain Injury in the Military  435

Josh L. Duckworth, Monica L. Tung, Jack W. Tsao

Introduction  435
Epidemiology  436
Military Populations  436
Blast Physics  437
Blast Pathology  438
Blunt/Penetrating TBI  440
Symptoms  440
In-Theater Management  443
Screening for TBI in-theater  443
Postdeployment Screening  445
Diagnosis  445
Clinical Management  446
Persistent Symptoms  447
Conclusion  448
Key Points  448
Disclaimer  448

Chapter 18  Headache in the Military  453

Alan G. Finkel

Case Report  453
Introduction  453
Why So Many Headaches?  454
Classifying Posttraumatic Headache  455
Why So Many Migraines?  455
Is Headache a Symptom or a Result of PTSD?  455
Is Headache a Symptom or a Result of Other Symptoms after Concussion?  456
Evaluation of the Service Members with Mild TBI and PTH  457
Treating Military PTH  457
Conclusions  458
Key Points  459
# Head Trauma and Workers Compensation 463

Frederick T. Strobl

<table>
<thead>
<tr>
<th>Section</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Introduction</td>
<td>463</td>
</tr>
<tr>
<td>Preliminary Observations</td>
<td>464</td>
</tr>
<tr>
<td>Definitions</td>
<td>465</td>
</tr>
<tr>
<td>Statistics of TBI in the Workplace</td>
<td>466</td>
</tr>
<tr>
<td>Documentation of Injuries in the Workplace</td>
<td>467</td>
</tr>
<tr>
<td>Sports as a Workplace Injury</td>
<td>467</td>
</tr>
<tr>
<td>Diagnostic and Testing Considerations</td>
<td>469</td>
</tr>
<tr>
<td>Traumatic Cranial Neuropathy in Closed Head Trauma</td>
<td>472</td>
</tr>
<tr>
<td>Treatment</td>
<td>473</td>
</tr>
<tr>
<td>Conclusion</td>
<td>474</td>
</tr>
<tr>
<td>Key Points</td>
<td>475</td>
</tr>
</tbody>
</table>

# Head Trauma and Motor Vehicle Accidents 479

Jack E. Hubbard

<table>
<thead>
<tr>
<th>Section</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Introduction</td>
<td>479</td>
</tr>
<tr>
<td>Mechanism of Injury</td>
<td>479</td>
</tr>
<tr>
<td>WAD Symptoms</td>
<td>489</td>
</tr>
<tr>
<td>Factors Affecting TBI Risk/Severity</td>
<td>491</td>
</tr>
<tr>
<td>Prognosis: TBI from MVA</td>
<td>496</td>
</tr>
<tr>
<td>Conclusion</td>
<td>497</td>
</tr>
<tr>
<td>Key Points</td>
<td>498</td>
</tr>
</tbody>
</table>

## PART 5

#### Legal Perspectives 503

<table>
<thead>
<tr>
<th>Section</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Introduction</td>
<td>503</td>
</tr>
</tbody>
</table>

## Chapter 21

#### Traumatic Brain Injury—A Plaintiff’s Perspective 505

Richard M. Jurewicz

<table>
<thead>
<tr>
<th>Section</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Introduction</td>
<td>505</td>
</tr>
<tr>
<td>Types and Causes of Traumatic Brain Injuries</td>
<td>505</td>
</tr>
<tr>
<td>Classifications of Traumatic Brain Injuries</td>
<td>507</td>
</tr>
<tr>
<td>Symptoms of Traumatic Brain Injuries</td>
<td>507</td>
</tr>
<tr>
<td>Presuit Investigation and Case Evaluation</td>
<td>508</td>
</tr>
<tr>
<td>Meeting with the Client’s Spouse and/or Significant Other</td>
<td>509</td>
</tr>
<tr>
<td>Identification and Interviewing of “before and after” Lay Damage Witnesses</td>
<td>509</td>
</tr>
<tr>
<td>Friends and Neighbors</td>
<td>510</td>
</tr>
<tr>
<td>Coworkers</td>
<td>510</td>
</tr>
<tr>
<td>Clubs, Organizations, and Sponsored Activities</td>
<td>511</td>
</tr>
<tr>
<td>Religious Institutions</td>
<td>511</td>
</tr>
<tr>
<td>Interviewing Healthcare Providers, Practitioners and Emergency Care Personnel</td>
<td>511</td>
</tr>
<tr>
<td>Meeting with Treating Physicians, Mental Healthcare Providers, Nurses, and Therapists</td>
<td>511</td>
</tr>
<tr>
<td>Diaries and Journals</td>
<td>512</td>
</tr>
</tbody>
</table>
CONTENTS

Obtaining Necessary Medical Records and Other Pertinent Documentation 512
Miscellaneous Records Search 514
Referrals for Necessary Treatment and Evaluations 514
Assisting Client to Obtain the Necessary Treatment 515
Independent Examinations and Evaluations 515
Selection and Retention of Expert Witnesses 515
Mediation 517
Trial 518
Opening Statements 519
Evidentiary Considerations and Issues 519
Use of Lay Damage Witnesses 521
Use of Expert Witnesses—Treating Physician and Litigation
  Retained Medical and Mental Health Providers 521
Conclusion 524
Key Points 525

Chapter 22  TBI Neuropsychological Testing: A Defense Perspective 529

Scott M. Salter, Allison J. Adams
Introduction 529
The Discovery Phase 529
Records 530
Depositions 531
Examining the Neuropsychologist’s Qualifications 532
Obtaining Raw Test Data and Test Materials 534
Strategies for Attacking Neuropsychological Testing 536
Making a Case For Malingering 538
Use of Expert Witnesses 539
Conclusion 540
Key Points 541

Chapter 23  Traumatic Brain Injury: Social Security Context 545

Gabriela G. Raful, Samuel D. Hodge, Jr
Introduction 545
An Overview of Social Security 545
Definition of Disability 547
The Social Security Process 547
The Five Steps Sequential Analysis to Determine Whether Someone
  with TBI Is “Disabled” 548
Step One—Substantial Gainful Activity 548
Step Two—Severe Impairment 549
Step Three—The Listings and Durational Requirement 550
Step Four—Residual Functional Capacity 552
Step Five—Ability to Do Other Work 553
The “Grids”—Appendix 2 554
Digression: Importance of Complete Medical
  Evidence and Witness Statements 555
Conclusion 556
Key Points 556
Chapter 24  Traumatic Brain Injury and Workers' Compensation Claim  563

Vincent Quatrini, Adam Quatrini

Purpose of Workers' Compensation  563
Traumatic Brain Injury and Workers' Compensation  564
Prerequisites of a TBI Workers' Compensation Claim  565
Assessing a Traumatic Brain Injury  565
Utilizing the Medical Experts  566
Assessing the Medical Expert  567
Neuropathologist and Neuroradiologist  568
Absence of Objective Findings in a Mild TBI  568
Worker’s Family  569
Neuropsychologist  570
Rehabilitation—the Physiatrist  571
The Role of Postconcussive Syndrome  572
Cross-examination of the Employer’s Medical Expert  573
Cross-examining the Injured Worker  574
Vocabulary  575
Sample Discovery  575
Treating Medical Source Statement  576
Conclusion  579
Key Points  579

Index  585