A second career is the ambition of many lawyers, young and old. This revelation comes through in comments you and I hear every day from friends and colleagues in the profession. Theirs is a gentle plea for help in finding a new way of life.

Several years ago, after I became Chair of the Committee on Second Careers of the Senior Lawyers Division of the American Bar Association, I developed a deeper interest in career-change problems and their solutions. I contacted lawyers who had significant achievements in more than one career, and many responded to my requests for their prescriptions for success. This book presents some of their stories.

Knowing that so many fellow lawyers were seeking help led me to write this book. Some of the information I have assembled was graciously supplied by other people, and some suggestions are based on my experience in forty-five years of law practice.

I hope that the analysis of problems you may face, and our suggestions for their resolution, will prove helpful to you as you explore options for your second career.

George H. Cain
Riverside, Connecticut