Kate Scharff, MSW, is an individual, couple, and family psychotherapist with over 25 years of clinical experience. She is also a senior divorce consultant, mediator, parenting coordinator, and Collaborative Divorce practitioner. Ms. Scharff is a founder and principal of the Collaborative Practice Center of Greater Washington. She teaches internationally on divorce, psychodynamic psychotherapy, parenting, and alternate dispute resolution. She regularly conducts workshops and seminars for family law attorneys, mental health professionals, and multidisciplinary audiences. Ms. Scharff is the author of many journal articles and book chapters, and of the books *Therapy Demystified: An Insider’s Guide to Getting the Right Help* (Marlowe & Co., 2004) and (with Lisa Herrick) *Navigating Emotional Currents in Collaborative Divorce: A Guide to Enlightened Team Practice* (American Bar Association, 2010). Her pieces appear frequently in online and print media; she is a regular contributor to the Divorce section of *The Huffington Post*.

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