

Talking With Kids

Getting to know you...

- What is the nicest thing that ever happened to you?
- What was the funniest thing you ever saw?
- What was the proudest moment in your life?
- What do you like best about yourself?
- What are three things you do well?
- What are three things you like best in a friend?
- What are three things you like least in others?
- What worries you the most?
- What was your worst disappointment?
- What are two things you would like to change in your life?
- What is the biggest decision you are facing right now?
- If you could make one rule for all the people in the world to follow, what would it be?
- If other people were going to describe you as an animal (or a color or an object, etc), what would they say you were most like?
- What do you like least about yourself?
- What is something about you that you wish were different?
- What have you always wanted to be able to do in your life?
- What are three things in your life you think you can't change?
- What are your favorite things to do?
- What do you do when you are all alone?
- What do you dream about?
- What songs do you know? How does it go?
- What games do you like to play? Who plays them with you? Who taught them to you?
- What do you think about just before you go to sleep at night?
- What do you dislike or hate to do?
- Do you know how to cook? What is your favorite thing to make?
- What is your favorite food? Restaurant?
- Do you like being indoors or outdoors best?
- Are you a morning person or a night person?
- If you could be any animal, what would you choose, why?
- How old do you think you will be when you die? How do you think that might happen?
- What is your favorite place to be?
- If someone was going to write a newspaper article about you, what would they say? What would you want them to make sure to leave out?
- Do you think you look different than other kids your age? If so, why?
- If you had three wishes what would they be? Which one would you want to come true first?
- Finish this sentence: If I really wanted to, I know I could...
- Suppose you were going to be stuck on a desert island and you could only take three people with you. Who would you choose? Why?
- If you were in charge of this country, what three laws would you create?

What is your favorite movie? TV show? Cartoon? Music? Book?
Describe your life in 10 years. In 5 years. In one year. In one month.
If you could change places with anyone in the world for a day, who would you choose and why?

How do you feel...?

What do you do when you are angry? Sad? Happy? Frustrated? Afraid? Etc.
Tell me about a time you felt angry? Sad? Happy? Frustrated? Afraid? Etc.
When you are feeling lonely, what is the one thing that helps you the most?
Describe the feeling "sad" (or mad, happy, peaceful, etc.) for me; what color is it, what shape, what temperature, what texture, etc.?
What scares you?
Do you ever have nightmares? Tell me about it...
What was your favorite dream? Why?
When you think about your future, what are you most concerned about?
What has your family taught you about feelings?
What is the strongest feeling you have ever had? Tell me about when that happened.
When you need to calm yourself down, how do you do it?
Who can you trust to share your feelings with? How do they help you?
When you upset, what helps you calm down?
What kinds of things help you feel safe? Calm? In control?

Friends and School

Do you have a best or favorite friend? Who?
What is the best thing you guys do together?
What is the best thing about your friends? What kinds of things do you do?
If you won a trip to Disneyland and could take six kids with you, who would you take?
Why?
Who is the nicest kid in your school?
Is there someone in your school everyone is afraid of?
How do you feel about school?
Who do you go to if you have problems in school?
What is your favorite sport? Tell me about why you like it.
What do you do after school?
What kinds of groups are at your school?
What kinds of things do they do there?
What are kids like at your school?
What kinds of things do you do at recess?
Who did you eat lunch with today (or yesterday)? Is that what you usually do?
If you could be principal for a day, what would you do?
How many schools have you been to? Where do you currently go?
What kind of homework do you get?
Who can you go to for help with your homework?
Do you know if all of your credits have transferred?
When do you graduate?
Do you have an IEP (individual education plan)?

What do you want to do when you graduate? College? Vocation school? Job?
What are you doing to achieve these future goals? For example, taking SATs, applying to colleges/vocational schools, internships, etc.

Family

Tell me about who is in your family.
Who do you live with?
What relatives do you get to see?
What do you like to do best with your father? Your mother? Your sister? Your brother?
Etc.
If you could change one thing about your father (mother, sister, brother, etc), what would it be?
Tell me about a typical Saturday in your family?
Tell me about dinnertime at your house?
What time do you go to bed at night? Is that different on school nights and weekend nights?
How do you celebrate your birthday in your family?
What is your favorite holiday? How does your family celebrate it?
What does your family do for fun?
What is one thing from your family that you want to make sure to do with your own family one day?
What is one thing your parents do that you would never do when you are a parent?
How would your family describe you?
Tell me about your room? What color is it? Where do you sleep? What kind of stuff do you have in there?
Tell me about your foster family?
Have you lived with a foster family before? Tell me what that was like.

Health/Fitness

When was the last time you saw a doctor?
What is your doctor's name?
Do you know your doctor's phone number or how to get in touch with him or her?
When was the last time you saw a dentist?
What is your dentist's name?
Do you know your dentist's phone number or how to get in touch with him or her?
Do you have any health issues?
Do you understand what it means to have that health condition?
Has someone explained your treatment to you?
Has anyone helped you understand and take care of your health issues?
Do you take any medicines? Is so, what kind? How do they help you?
Are you involved with someone?
Do you know you can get confidential services for your sexual health?
Has anyone told you where you can get any of these services if you want them?
Have you taken a sex education class or talked to anyone about sex?
Has anyone talked to you about safe sex practices?
Do you have sex with anyone? If you do, what do you do to practice safe sex?

Is there someone you can talk to about your health issues?

What do you do to practice safe sex?

What do you do for exercise?

Do you play any sports?

What do you wish you could play?